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N.B. man says he found dead mouse, feces in McDonald's coffee **PAGE 15**

Ebola nurse should not have flown: Official

Officials contacting other passengers on plane **PAGE 16**

Fundraising wheels are in motion years before schools open

Calgary Board of Education. Board hopes to have 17 facilities open at once in Fall 2016

Parents eagerly awaiting an unprecedented slate of new school openings in 2016 are already rallying efforts to raise money for everything from playgrounds to musical instruments and technology devices.

Representatives from Auburn Bay, Copperfield, Evergreen, McKenzie Towne and elsewhere attended an information session in late September, in which the Alberta School Councils Association provided information on how to form a fundraising society. Those areas are among 17 expected to cut ribbons on new schools in September 2016, more than the Calgary Board of Education has ever opened before in one year.

Although shovels haven't

even hit the ground in the communities, parents speaking to Metro Wednesday were quick to note it can take up to two years to be approved for a casino fundraiser.

Amy Care serves as fundraising director at McKenzie Towne School and said it opened five years ago with "barely enough" funding to provide basic equipment for learning.

"I know our principal had to be so creative just getting enough desks in the classrooms, let alone musical instruments and computer equipment," she said, adding she hopes to be ahead of the curve this time as the community now awaits construction of a middle school.

Area CBE trustee Amber Stewart helped organize the fundraising society session, but stressed Wednesday that it's up to parents to decide whether they want to undertake such efforts. "New schools don't come with playgrounds and musical

instruments, and things like that are needed at all levels," Stewart said.

"We're extremely, extremely grateful for anything that parents can do to help, but it's certainly not a requirement."

In March, when it was expected that a dozen CBE schools would open in 2016, superintendent for facilities and environmental services Frank Coppinger warned trustees it would cost an average of \$1 million per school to provide a proper number of desks, chairs and other basic teaching requirements.

Those funds, he said at the time, were not accounted for in the funding approved by the province for the school projects, and told Metro he was hesitant to dip into capital reserves to cover such costs.

The CBE said in a statement it's already conducting a planning study to identify the needs of new schools.

JEREMY NOLAIS/METRO



BLACKHAWKS DOWNED

Johnny Gaudreau is checked by Andrew Shaw of the Chicago Blackhawks during the second period of the game in Chicago on Wednesday. The Flames won 2-1. See story, page 33. NAM Y. HUH/THE ASSOCIATED PRESS

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Infection control

Province ready for potential Ebola cases: Alberta Health

While Alberta Health believes it's unlikely the province will have to deal with Ebola cases, provincial officials insist they're ready.

The province's laboratory can now test for the deadly virus and the province has designated the University of Alberta Hospital and the Stollery in Edmonton, as well as Calgary's South Health Campus and the Alberta Children's Hospital as treatment centres.

Chief Medical Officer of Health Dr. James Talbot said the province has to take the virus seriously, even if the risk is low.

"We can't rule it out and that's the reason we're taking the kind of precautions that we're taking," he said.

Two potential cases have popped up in Edmonton in the last few weeks, one requiring a closure of the Royal Alexandra Hospital emergency room. Talbot said he believes the province can deal with it, but one of the challenges will be managing the rest of the system at the same time.

"We showed last year during the pandemic with H5N1 virus that the Alberta system is pretty robust," he said.

Talbot said the coming flu season is going to be a challenge, because more people may present with Ebola-like symptoms.

"It certainly will make the job harder, because there will be people presenting with fever and there will be more people who have travelled with fever," he said.

RYAN TUMILTY/METRO IN EDMONTON



Dr. Cheri Nijssen-Jordan, medical director at South Health Campus, stands outside the newly opened emergency department in Jan. 2013, when it saw just 38 patients in its first eight hours of operation. Patient volumes have since grown as the hospital has come fully operative. ROBSON FLETCHER/METRO FILE

Hospital ER volume up, but still below average

South Health Campus.

One mom reports speedy service, another not so much



ROBSON FLETCHER
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Patient volumes at Calgary's South Health Campus have ramped up since its emergency room opened 21 months ago, but remain lower than ERs at other hospitals in the city.

The SHC emergency department saw an average of 179.4 visits per day between April

Quoted

"From the moment we walked in the doors we were greeted by a volunteer and were checked in to see a doctor in the first five minutes." Sondra Baker

and August, according to Alberta Health Services data, up slightly from 165.9 visits per day in the 12 months prior.

That's a significant increase from the 117.2 daily visits the ER saw in its first few months of operation, from January to March 2013, but still below Calgary's other hospitals.

"If you look across all the sites, the average would be about 210 to 220 a day," said

Lori Anderson, senior operating officer at SHC.

The current volumes are roughly "at where we projected," Anderson added.

Sondra Baker said she was pleasantly surprised Monday when she paid a visit to the SHC emergency department, after her 10-year-old daughter fell off her bike and injured her arm.

"From the moment we

walked in the doors we were greeted by a volunteer and were checked in to see a doctor in the first five minutes," Baker told Metro.

The entire process of seeing a physician, getting an X-ray, and having it evaluated took less than an hour, she said.

Lianne Jones, however, has been less impressed with her experiences at the city's newest hospital, including a visit to the ER last month when she took her daughter in with a serious ankle sprain and waited for about two hours.

"The board with the wait time seems shorter than what the wait is in reality," she said. "I feel they were understaffed."

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Minister says he's looking into student concerns over tuition

Modifiers now before ministry. Don Scott pledges to review hike proposals 'thoroughly'



JEREMY NOLAÏS
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Alberta's advanced education minister said Wednesday he's heard from some student groups claiming they've been largely ignored during talks to boost program-specific tuition rates, but stopped short of saying such a lack of transparency would be grounds to toss a proposal.

Student leaders at the University of Alberta, University of Calgary, University of Lethbridge, Mount Royal University and others have expressed concerns in recent weeks to Metro that they weren't being provided with complete information about the proposals their re-



Donald Scott is seen being sworn in as Alberta's new advanced education minister last month. The spotlight has been put on his ministry as it now mulls proposals to boost tuition for certain programs offered by institutions in the province. COURTESY GOVERNMENT OF ALBERTA

spective institutions would be submitting for market-modifier tuition hikes — requests that could see tuition bumped up by more than 50 per cent in some programs.

Proposals for such increases were due to be submitted Wednesday, but a spokesperson said

the list of requests and which schools submitting them likely wouldn't be released until decisions were made on the hikes in mid-November.

Donald Scott, Alberta's new advanced education minister, said he's heard a mix of complaints and support from stu-

dent groups.

His comments appeared to reinforce claims from the U of C Tuesday that both business administration and law learners had offered "conditional support" for hikes being proposed in their faculties.

Scott added, "Some students

In numbers

9

It was believed that at least nine Alberta post-secondary institutions would be submitting market-modifier proposals to bump up tuition.

have commented to me directly that they were hoping for more engagement, there have been concerns expressed to me in that direction.

"We're going to be reviewing them (the proposals) thoroughly ... I will certainly be taking into account all of the views that were expressed."

In Alberta's major cities, it appeared four of six major institutions — the University of Alberta, University of Calgary, Mount Royal University and Bow Valley College — would each be submitting three programs for the modifier hikes, which the province says aim to deal with tuition discrepancies when compared to schools in

other provinces.

It appeared unlikely that Grant MacEwan would apply for the hikes and both polytechnics NAIT and SAIT ruled them out, the latter institution only making its position clear on Wednesday after weeks of declining requests for comment.

Attention will now shift to the province as it takes a little more than a month to mull the proposals — Scott said Wednesday it would be "premature" to specify whether one could be rejected on the basis of stonewalling student engagement.

Katey Pedersen, chair of the Alberta Students' Executive Council, said her group fails to see how the government can adequately measure whether those hikes that are approved have actually had a positive impact on students.

She added Alberta schools already charge students more in non-instructional fees than any other Canadian province.

"That really should be taken into consideration," she said.

Post-secondary budget to address demand: Scott

Calgary post-secondary schools calling for more funding to address surging student demand won't be ignored come budget time, Donald Scott said Wednesday.

The provincial advanced education minister spent much of the day touring city schools and agreed with executives that "natural growth" could pose challenges in the years ahead.

On Tuesday, University of Calgary President Elizabeth Cannon told those gathered at a budget town hall that her institution will be put under "increasing stress" in coming years as provincial and national data suggests more than half of post-secondary learners arriving in Alberta up until 2020-21 will seek seats in city schools.

This year, half of stu-

dents that applied to at least one regular U of C program got admitted. In specialized programs, that dropped to one in 10 people being admitted.

Last November, the province reinvested \$50 million of \$147 million cut from the post-secondary sector in the prior spring's budget to specifically address enrolment pressures. Scott said it's possible his ministry

could take similar steps in the months ahead.

"We haven't done the budget yet but that (student growth) is certainly going to be a factor and we want to make sure that the budget makes sense for the needs of Albertans," he said.

JEREMY NOLAÏS/METRO

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The University of Calgary has become a popular spot for students hoping to gain access to post-secondary education. METRO FILE

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Light at end of tunnel for downtown residents

Power outage. City says electricity should be restored early Thursday morning, but urges patience from displaced Calgarians



ROBSON FLETCHER
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Electricity is now expected to be restored to 18 square blocks of downtown Calgary by 5 a.m. Thursday, although city officials cautioned displaced residents to wait until a bit later in the day to start returning home.

"Things have been going better than expected," Mayor Naheed Nenshi said late Wednesday afternoon, as crews continued to work on rebuilding electrical infrastructure wiped out by an underground

fire Saturday night.

Enmax, the city-owned power utility, initially anticipated restoring electricity by midday on Thursday, but that time frame was bumped up as work progressed.

"Fundamentally, people worked damned hard," Nenshi said.

The mayor cautioned, however: "Once we're re-energized, there will be some drama."

He urged downtown residents to not return immediately once power is restored, as buildings still need to be checked by city inspectors and then by individual property managers before residents can move back in.

"Give them time and some space to let all of this happen," Nenshi said.

As to the cause of the fire, Nenshi said: "We genuinely don't know much."

Enmax CEO Gianna Manes said the investigation con-

Caution

"Once we're re-energized, there will be some drama." Mayor Naheed Nenshi

tinues but it will likely be some time before any answers are available.

"The expectation is that it will be longer than a month," Manes said of the process, adding that it could be "much longer than that."

Calgary Emergency Management Agency deputy chief Tom Sampson said generators will remain in place to power traffic lights as the area is re-energized, in case there are any failures, and the process is unlikely to affect the morning commute.

"We expect minimal traffic disruptions," Sampson said. "We don't expect any major problems with the C-Train or transit."

Tips

Calgary Emergency Management Agency offered the following advice to returning downtown residents:

- If alarms go off in your building, treat it as a real emergency. Don't assume it's a glitch. Follow normal evacuation procedures.
- Do a safety check of your house as you re-enter. Call 911 if you smell gas. Ensure all appliances are off and carefully start plugging back in any devices that had been unplugged.
- Open taps and let any air drain out of the pipes, and run the water for a brief period.



Calgary Emergency Management Agency deputy chief Tom Sampson advises returning residents to do a "safety sweep" of their homes when the power comes back on. ROBSON FLETCHER/METRO

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Province watches oil prices dip

Keeping an eye out. Every dollar dip below average set in budget costs provincial treasury \$215M



RYAN TUMILTY
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The Alberta government is keeping an eye on tumbling international oil prices, but don't believe they're cause for alarm just yet.

The price of West Texas Intermediate fell to \$80.71 on Wednesday, far from the average price the government set in the budget of \$95.22. The numbers are a yearly average, but every dollar dip below that average costs the provincial treasury \$215 million.

"Falling oil prices certainly do impact Alberta and we're

going to continue to look and monitor them," said Gerald Kastendieck, a spokesman for the department.

He said the one thing working in the province's favour right now is the decline in the Canadian dollar.

The province's assumption was the dollar would trade at a yearly average of 91 cents, but it was trading at 89 cents on Wednesday. Every penny the dollar drops actually adds to the province's bottom line, to the tune of \$241 million.

Kastendieck said the province uses the best information it has available to make its assumptions in the budget.

"We recognize that oil and resource revenues are volatile. We base it on the best information of the economists and the energy industry," he said.

Kastendieck said it was too early to say if any changes would have to be made to this year's budget.



United Way Bus Pull brings in dough three years running

Rain couldn't stop the reigning champs from pulling another victory at the United Way Bus Pull. The Waste and Recycling Services team rolled over the finish line for the second year in a row, taking the title at the third annual fundraiser. Team captain Austin Diegel contributed the team's win to hard work and a lot of protein shakes. **HELEN PIKE/METRO**

Canterbury Dr. SW

Police search for two men after store robbery

The Calgary Police Service

is asking for the public's help following a convenience store robbery that took place on Canterbury Drive SW on Oct. 10.

Two men stole money, a cellphone and cigarettes before leaving the scene.

Both men are described as Caucasians between 22 and 24 years old. One was wearing blue jeans, a white shirt, black jacket, blue bandana and a green winter-style hat. The other was wearing blue jeans, a

grey sweater and a green-and-blue striped sweater around his head.

Anyone with information is asked to call police at 403-266-1234 or Crime Stoppers at 1-800-222-8477.

METRO

City a step closer to universal recycling pickup

Calgary took one more step Wednesday toward universal recycling collection at all apartments, condos and townhouses.

A city committee endorsed new rules set to take effect on Feb. 1, 2016, that will require multi-family building owners to provide on-site storage and collection of recyclables.

"This is something that residents of multi-family (buildings) have been calling for," Coun. Brian Pincott said. "People often ask me: 'Why have we been left out? ... We don't get recycling, and everybody else does.'"

City staff recommended the proposed bylaw changes after consulting with building owners, recycling ser-

vice providers and the public at large.

Council, as a whole, still must approve the bylaw change.

It will then be up to building owners to arrange for recycling service, but city staff "will assist complex owners and residents by providing communication, education, monitoring and stakeholder

engagement," a city report states.

Pincott said it's about time all Calgarians had access to regular collection of recyclables from their homes.

"I wish we had rolled all of this stuff out faster," he said. "But I guess better later than never."

ROBSON FLETCHER/METRO



Blue bins for recycling pickup are provided to single-family homes and many multiplexes, but the same service isn't currently available for many Calgarians living in larger residential complexes. **METRO FILE**



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Parents group fires back over funding cut

Calgary's public-school board is being shamed on social media by a parent advocacy group vice-president, after trustees voted to strip his organization of funding.

On Tuesday, six of seven Calgary Board of Education trustees voted to sever funding for the 13-year-old Calgary Association of Parents & School Councils (CAPSC).

The trustees ignored a recommendation from administrators to cut annual funding

by 60 per cent but still provide \$3,000.

The trustees have now designated the Council of School Councils (COSC) as its official voice on the basis that it provides a better representation of more than 200 schools overseen by the public board.

The decision was met with harsh criticism on social media late Tuesday, from CAPSC vice-president Greg Oberti.

"Today, we CAPSC had our

funding pulled by the CBE," he wrote on Facebook.

"Apparently they don't like parent advocacy groups that they can't control," Oberti continued.

He later added: "We didn't even do anything to annoy them either; we really were quite polite and cordial with them too! Even when we were on-air."

CBE trustee chair Joy Bowen-Eyre, meanwhile took to Twitter to defend

the board's decision, noting that COSC had more than 90 parents attend and represent more than 100 schools at its September meeting. She added that CAPSC maintains a membership of fewer than 30 schools.

"Parents do matter, and important partners (are the reason why COSC (was) created to get (the) parent voice," she wrote in response to critics.

JEREMY NOLAIS/METRO

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What looks like a garden plot is actually Dennis Scanland's SPIN farm, which his

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HELEN
PIKE
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Market fresh is closer to home than you think — it could even

be in your backyard. Farmers are finding ways to make land work for them in Calgary, and it's a growing trend.

It's called small plot intensive farming, or SPIN for short. Looking past the wordy term, the idea is simple — give farmers your land to cultivate plot by plot and grow harvests to feed families, fuel local restaurants and sell fresh produce grown in

Finding land

Plenty of plots, few schemes

The YYC Growers are a local group of farmers working together and cultivating private plots. The partnership is only about a season old but is helping growers like Scanland shoot for a stable paycheck, like some of the more estab-

lished growers in the city.

They rely on word-of-mouth and curiosity to seek plots. Scanland says he hasn't had to canvas yet for properties but knows farmers who will see a nice garden and knock on doors.

"Sometimes they have luck with it and other times people just kind of look at you like you're crazy," he said.



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local yards.

"It's better use of space," said Dennis Scanland, president of YYC Growers and owner of Dirt Boys. "Urban farmers can acquire land much easier than rural farmers can."

He adds that farmland sales are often bogged down by ownership and oil-and-gas rights. "Here basically we just waltz in and say, 'Here, this is

what we want, and you get free produce if you do this.'"

Scanland has secured seven gardens in the Bridgeland and Renfrew area. That works out to about a quarter acre of growing space. He's a stay-at-home dad, and when it's farming time he puts in 20 hours a week or so. With occasional help from his kids, he's able to harvest and sell enough food

for a profit. He admits it won't pay the bills, but it keeps him busy.

SPIN farming isn't just happening in private gardens. Scanland says restaurants are also getting in on the harvest. His group sells to a few local businesses and he has seen rooftop gardens cropping up to help feed consumers who are hungry for local produce.

MORE

Oilsands grant helps fund online mental-health kiosk for teachers

Teachers will have access to better information on understanding mental-health symptoms in students with the help of

a \$1-million grant from an Alberta oilsands giant.

Canadian Oil Sands Ltd. provided the boost to the Alberta Children's Hospital Foundation to help create Mental Health Online Resources for Educators (MORE).

"We are so grateful for this innovative program. This is helping provide a greater understanding of students with mental-health

issues — and strategies to manage those issues — while reducing social stigma," said Julie Kerr, senior operating officer for Community, Rural and Mental Health AHS, in a release.

MORE builds on the results of a successful 2012 pilot project for teachers, after requests for more information and support in dealing with mental illness in children. **METRO**



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Schools

Liberals plan to keep pushing for gay-straight alliances

Liberal MLA Laurie Blakeman is planning again to push

school boards to support gay-straight alliances in their schools.

Blakeman announced Wednesday she intends to introduce a bill in the fall session of the legislature mandating GSAs.

She said it simply doesn't

make sense for school boards to wait on such an important issue.

"We know that the overwhelming suicide rate in young males is connected to sexual orientation and gender identity," she said.

Liberal MLA Kent Hehr

introduced a motion in the last session on the issue and Blakeman said since then, the conversation has continued.

"There has been a lot of talk since then and what I keep hearing from people is that this is just a matter of time," she said.

Kris Wells, the co-director of the Institute for Sexual Minority Studies and Services at the University of Alberta, said the motion in the last term should have been a wake-up call for school boards.

"School boards had a

chance in the last five or six months to do this and they failed," he said.

RYAN TUMILTY/
METRO IN
EDMONTON



Laurie Blakeman
CONTRIBUTED

Calgary can get head start on shift to a 'restorative' economy: Author

Speech. City's in good shape to make the jump to the economic model of the future, says a U.S. natural resource expert



ROBSON
FLETCHER

robson.fletcher@metronews.ca

Calgary's recent disasters are a blessing in disguise as they present an opportunity to get a jump on transitioning to a "restorative economy," says a leading expert on community revitalization.

That's a shift the city — and the world — will have to make at some point in the future anyway, according to Storm Cunningham, an author, speaker and consultant on natural resource restoration.

Speaking to an audience of 800 at the annual Vital City gathering hosted by the Calgary Foundation on Wednesday evening, Cunningham said the world's ever-increasing population, combined with its accelerating rate of resource consumption, means something's got to give.

"The time has come for change, and timing is every-

Quoted

"Our parents and grandparents left us a lot of great buildings. You look at things like a lot of old banks, and they're obviously restorable. You know you're not going to tear them down; you're going to reuse them. But these days we're building an awful lot of stuff that's garbage on Day 1. You just know, especially with a lot of the commercial stuff, it's going to be in the landfill in 20 or 30 years."

Author Storm Cunningham on what he believes needs to change in the current approach to economic growth.

thing," he said. "We have to adapt how we make our money ... and that means basing our economic growth primarily on revitalizing the cities we've already built while repairing and replenishing the natural resources that we damaged along the way."

That requires a shift beyond the mindset of a "sustainable" economy and into a "restorative" economy, Cunningham said.

"The good news ... is that you can make just as much money repairing the world as you can destroying it," he said.

Restoration activity around the globe accounts for almost \$3 trillion a year in economic growth, Cunningham added, "and hardly anybody ever talks about it."

He highlighted a project

he helped launch in 2006 in Montana, at the request of the state's governor, to restore natural areas damaged by resource extraction.

"Three years later, they came out with this report which documented that for every \$1 million they were putting into restoring old mining sites and rivers, they were generating over \$2.5 million in related economic activity," he said.

Cunningham said he wanted to come to Calgary to do research for his next book on local projects like redeveloping East Village and turning the old King Edward School into an arts space.

"I've got to tell you, I'm impressed," he said. "This seems to be a city of fixers and I'm really looking forward to writing about it."



Storm Cunningham, an American author, speaker and consultant on natural resource restoration and community revitalization, speaks to a crowd of about 800 people at the BMO Centre in Calgary on Wednesday. ROBSON FLETCHER/METRO

Government workers take more sick days: Group



Canadian Taxpayers Federation
Alberta director Derek Fildebrandt
CONTRIBUTED

Public-sector workers take more sick days in Alberta than private-sector employees, according to data obtained by the Canadian Taxpayers Federation, but the disparity is less pronounced in Calgary than in Edmonton.

The City of Calgary recorded 6.8 sick days per full-time employee in 2012-13, according to calculations the CTF made based on data it

obtained from freedom-of-information requests.

That's higher than the rate of 5.6 sick days per employee in the private sector, but lower than the rate of 8.6 sick days among City of Edmonton employees and 8.5 among core Alberta government workers.

CTF Alberta director Derek Fildebrandt said "there are only two inevitable conclu-

By the numbers

\$4.4M

The amount of money the City of Calgary would save if it had a sick-day rate equal to that of the private sector, according to the Canadian Taxpayers Federation

sions" one can draw from the numbers.

"Either people working for government are taking more sick days than they actually need, or working for the government is very bad for your health," he said.

In some cases, though, public-sector jobs can come with health hazards, according to Rick Ratcliff, president of Amalgamated Transit Union Local 583.

He said public-transit

operators, for example, "certainly work in an environment where they would be susceptible to a lot of disease, viruses and the like."

"I was actually talking to someone today on the phone who had someone vomit on their bus," Ratcliff said. "And that was a visible thing. Then you get the other viruses that you never see or know about." ROBSON FLETCHER/METRO



Mayor Naheed Nenshi with Samuel Blackett, left, Sterling Sinclair, Parker Sinclair, Stacy Marks and Sanela Korajac.

YASMIN JASWAL/FOR METRO

Rec complex is an investment in 'active life'

Long-awaited facility. Construction has begun and it will open in 2017

YASMIN JASWAL
calgary@metronews.ca

Calgary Mayor Naheed Nenshi believes it's important for a city to invest in things that make it worth living in, and for him, the new Rocky Ridge recreation complex is an investment that does just that.

"Our goal is that every citizen is able to live a great life, an active life, and a creative life," said Nenshi. "And this

facility is important for all of us in the community to be able to do that."

The mayor, along with representatives from the YMCA Calgary and the Calgary Public Library, city councillors, and architects was present on the construction site off of Rocky Ridge Road and Country Hills Boulevard Wednesday afternoon to celebrate the start of construction on the complex.

The 285,000-sq.-ft. complex will include both a sport and leisure pool, an art studio and gallery, two ice rinks, a fitness centre, child-care services and a library.

"It will be a meeting place

where we can have arts, sports and all different activities," said Ward 1 councillor Ward Sutherland. "I'm really excited about using it."

The Rocky Ridge complex cost a total of \$191 million.

The City's Community Investment Fund covered \$121 million of the facility's costs, and the Government of Alberta's Municipal Sustainability Initiative covered the remaining \$70 million.

The facility is one of four being built within the next five years to help meet the demand for more accessible recreational opportunities in different communities.

It's set to open in 2017.

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People protest on the campus of Utah State on Wednesday in Logan, Utah. Utah's campus gun laws are in the spotlight after feminist speaker Anita Sarkeesian cancelled a speech at the university once she learned the school would allow students to carry concealed firearms despite an anonymous threat against her. RICK BOWMER/THE ASSOCIATED PRESS

Sarkeesian critical of school's relaxed safety measures

Gun violence.

Canadian blogger got mass shooting threats, but Utah State refused to prevent people from carrying guns into her lecture

Canadian feminist and media critic Anita Sarkeesian has been forced to cancel a lecture in Utah after an anonymous threat promised a "Montreal Massacre-style attack" if the event went forward.

Sarkeesian — whose Feminist Frequency blog critiques how women are portrayed in popular culture and video games — was set to speak at Utah State University Wednesday evening. However, school

officials received a threatening email Monday, vowing to carry out a mass shooting unless the lecture was cancelled.

According to the Standard Examiner in Ogden, Utah, the threats directly referenced the 1989 shooting at Montreal's École Polytechnique. In that incident, 25-year-old Marc Lépine announced he was "fighting feminism" before murdering 14 women at the school.

The author of the email referred to Sarkeesian as "a craven little whore" and boasted about possessing "a semi-automatic rifle, multiple pistols, and a collection of pipe bombs."

The university had vowed to increase security at the event, but Sarkeesian cancelled after learning the audience would be allowed to carry concealed firearms in



Anita Sarkeesian CONTRIBUTED

accordance with state law.

"It's sort of mindboggling to me that they couldn't take efforts to make sure there were no guns in an auditorium that was threatened with guns and a mass shooting," Sarkeesian said. "I don't understand how they could be so cut and dry about it."

LUKE SIMCOE/METRO ONLINE WITH
FILES FROM THE ASSOCIATED PRESS

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McDonald's in N.B. investigating game of hide and squeak

A not-so-mice surprise. N.B. man in 'disbelief' after he says he found a mouse in his coffee cup

Ron Morais takes his McDonald's coffee black: no cream, no milk. And certainly no mouse.

The New Brunswick man is looking for answers from the fast-food giant after saying he found a dead rodent at the bottom of his McDonald's coffee.

Morais, who lives in New Maryland, said he ordered the medium black coffee Monday from a McDonald's in nearby Fredericton on his way to work.

The 57-year-old said he didn't notice anything unusual until he popped the lid off to enjoy the last few sips.

"It was disbelief," he said. "And then, 'Oh my god!

There's a mouse in my cup!"

Morais said the small mouse was wedged in the bottom of the cup with what appeared to be rodent feces. He said it was too tiny to notice the extra weight, but there was no doubt about what it was.

"Tail, whiskers, sort of dark grey or almost brown," he said. "The way it was situated in the coffee cup, the nose was squished up against one side and its butt against the other. So it was almost like it was stuck to the bottom of the cup because it wasn't moving around."

He said one co-worker peered inside the cup and thought Morais was pulling an early Halloween prank with a fake mouse.

McDonald's Canada said it takes allegations involving

cleanliness and sanitation seriously and that, upon learning of the situation, the local franchisee immediately began an investigation, including working with the local public health authority.

Both the health authority and an independent inspection by a pest control company found no evidence of pest problems in or outside the restaurant, McDonald's Canada said.

THE CANADIAN PRESS



In this Oct. 13 photo, Patty Hanson is all smiles as she holds on to Blossom, her Holstein cow. JANE LETHLEAN/THE JOURNAL-STANDARD/THE ASSOCIATED PRESS

Living the cream. U.S. woman milking world's tallest cow for all it's worth

A six-foot-four-inch cow owned by a U.S. woman was recently dubbed the world's tallest.

Patty Hanson and Blossom the cow smiled for their official Guinness World Records photo shoot Monday.

Hanson received an email in mid-August saying Blossom had been named the world's tallest cow. She sought the record after veterinarians and the cow's foot trimmer constantly noted the 2,000-pound animal's large size, Hanson said. Her official measurements were taken by a veter-

inarian.

"When I put Blossom's halter on, she knows it's time to go to work greeting people, and one of the best things I love about this big cow is she makes people smile. But now when I get to tell them they are looking at the world's tallest cow, I can't wait to see their reaction," Hanson said.

Hanson got Blossom when she was a calf and decided to keep her as a pet. Blossom is now 13 years old. She will be included in the 2016 edition of the Guinness Book of World Records. THE ASSOCIATED PRESS

Mexico

Man dies after camel attack

The American owner of a wildlife park in the Mexican resort of Tulum has died after being kicked, bit and sat on by a camel.

Rescuers had to use a rope tied to a pickup truck to pull the enraged camel off the body of Richard Mileski of Chicago, according to Tulum Civil Defence official Alberto Canto.

THE ASSOCIATED PRESS

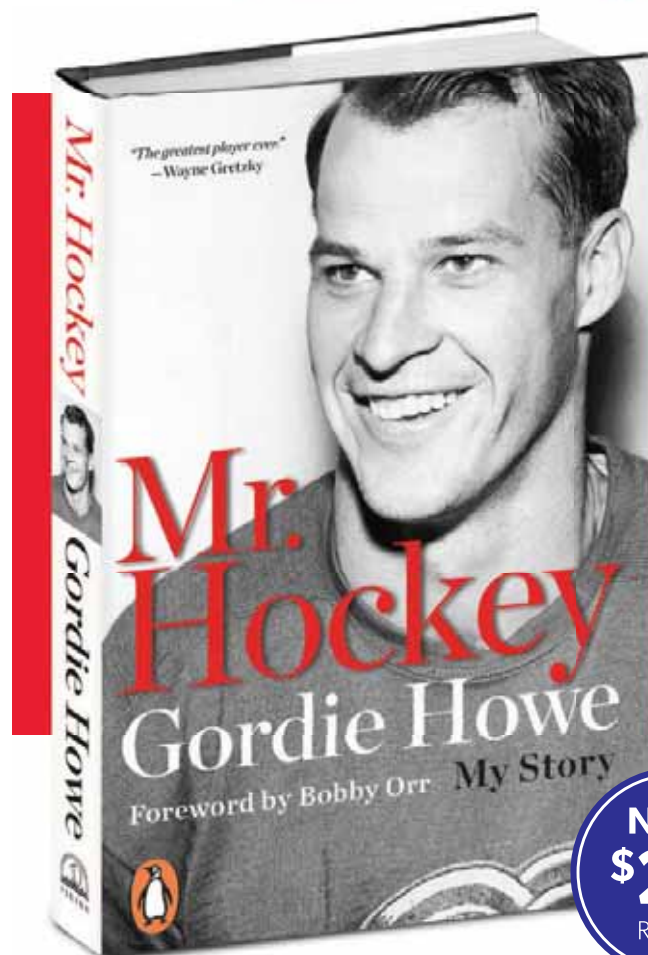
Pennsylvania

Man says he assaulted dentist for free dental care

A Pennsylvania man says he assaulted his dentist with a tire iron because he couldn't afford dental care and knew he'd get it in prison.

The Erie Times-News says 30-year-old Philip Kienholz offered the explanation Tuesday when he was sentenced to 16 months to four years in state prison.

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Official says Ebola nurse should never have flown

Passengers contacted.

U.S. federal health agency says health-care worker flew from Texas to Ohio before testing positive for the disease

A top U.S. federal health official said Wednesday that a Texas nurse exposed to the Ebola virus should never have taken a flight from Cleveland to the Dallas area. She has now been diagnosed with Ebola and officials are now contacting other passengers on the plane.

"The level of risk to people around her would be extremely low," said Dr. Tom Frieden, director of the Centers for Disease Control and Prevention.

The worker is the second to be infected after treating a Liberian man who died of Ebola last week.

Frieden says the health care worker travelled to Ohio before she knew that the first nurse had been diagnosed. The unidentified nurse flew to Cleveland on Friday, the same day a colleague, nurse Nina Pham, was hospitalized. Pham's diagnosis with Ebola was disclosed on Sunday.



A Frontier Airlines employee wears gloves as she directs passengers where to go at Cleveland Hopkins International Airport Wednesday in Cleveland. Ohio health officials aren't sure how many people came into contact with a Texas nurse as she visited family in the Akron area days before being diagnosed with Ebola in Dallas. The Ohio Department of Health says she visited family from Oct. 8-13 and flew Monday from Cleveland to Dallas. TONY DEJAK/THE ASSOCIATED PRESS

The second nurse returned to Texas on Monday on Frontier Airlines Flight 1143 from Cleveland to Dallas-Fort Worth with 132 other passengers, according to the CDC.

The airplane's crew said she had no symptoms of Ebola during her return flight on Monday. But Tuesday morning she developed

a fever and on Tuesday night tested positive for Ebola.

Infected Ebola patients are not considered contagious until they have symptoms. But the CDC is asking passengers on Monday's flight to call the health agency so they can be monitored.

The flight landed in Dallas at 8:16 p.m. Monday, stayed there overnight, and underwent a thorough cleaning before returning to service the next day. The cleaning was consistent with CDC guidelines, according to a Frontier Airlines statement released by CDC officials.

THE ASSOCIATED PRESS

Nurses treating Ebola patient complain of unsafe conditions

A Liberian Ebola patient was left in an open area of a Dallas emergency room for hours, and the nurses treating him worked for days without proper protective gear and faced constantly changing protocols, according to a statement released late Tuesday by the largest U.S. nurses' union.

Nurses were forced to use medical tape to secure openings in their flimsy garments, worried that their necks and heads were exposed as they cared for a patient with explosive diarrhea and projectile vomiting, said Deborah Burger of National Nurses United.

Burger convened a conference call with reporters to relay what she said were concerns raised by nurses at Texas Health Presbyterian Hospital, where Thomas



Nursing student Mathew Jacob participates in a refresher course on personal protective equipment at the Brookhaven College School of Nursing in Farmers Branch, Texas, on Tuesday. ANDY JACOBSON/DALLAS MORNING NEWS/THE ASSOCIATED PRESS

Eric Duncan — the first person to be diagnosed with Ebola in the U.S. — died last week.

Duncan died Oct. 8, and the hospital said Sunday that one of his nurses had tested positive for Ebola. She is hospitalized and

was listed Tuesday in good condition. On Wednesday, Texas health officials announced that a preliminary test indicated a second, unidentified health care worker at the hospital had been infected with the disease.

THE ASSOCIATED PRESS

Pennsylvania

High school soccer coaches resign over Ebola taunts

Two Pennsylvania high school soccer coaches have resigned after their players hurled Ebola taunts at an opponent from West Africa.

Northampton Area Supt. Joseph Kovalchik says the coaches resigned Tuesday. He says he met with the team Wednesday and will discipline students who violated the school's anti-discrimination policy.

Authorities say the comments came during a game last week against rival Nazareth Area High School.

Fountain Hill Police Chief Edward Bachert is the Nazareth player's legal guardian. He says the 16-year-old is from Guinea, and worries about his parents given the Ebola outbreak there.

THE ASSOCIATED PRESS

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South Africa. Pistorius 'ruined our family,' says Steenkamp's cousin

Reeva Steenkamp's cousin sobbed while testifying Wednesday how she first heard on a car radio that Oscar Pistorius had killed his girlfriend.

Kim Martin said she had "hoped to God" that Pistorius was cheating on her cousin and that the young woman he had shot at his home was not Reeva.

"They hadn't confirmed the name, they said his girlfriend," Martin recalled of the early-morning news broadcast. "I was trying to phone her (Reeva) and she wasn't answering and I was screaming at my husband."

Martin, who said she was close to Steenkamp, went to her mother's house where she learned her cousin had been killed by the Olympic athlete.

"The doors opened and my mother was hysterical and that's when I knew it was true," Martin said. "That was

for me the end of the world."

The emotional testimony during Pistorius's sentencing hearing caused the judge to rule a brief adjournment when Martin began crying. Her testimony dealt in detail for the first time at the months-long trial with the life of Steenkamp, a 29-year-old model and law graduate, and the impact her Valentine's Day killing had on her family.

"We were all, 'Why, why, why Reeva?'" Martin said. She said Steenkamp's killing "ruined our whole family."

Martin was the first witness called by prosecutors for sentencing and the first relative of Steenkamp to give testimony in the case. Martin said she wanted to be "Reeva's voice" after Steenkamp's parents, Barry and June, decided they were too emotional to testify.

THE ASSOCIATED PRESS



Reeva Steenkamp's father, Barry Steenkamp, is comforted by his wife, June, as they listen to proceedings on the third day of sentencing for Oscar Pistorius in South Africa, Wednesday. ANTOINE DE RAS/THE ASSOCIATED PRESS POOL

UN draft resolution

North Korea touts own human rights record

North Korea on Wednesday circulated a draft UN resolution praising its own human rights record in a rare effort to counter the international community's growing condemnation of the way it treats its people.

The draft was not circulated publicly. In a letter to diplomats circulated last week, North Korea said its resolution would mention the country's free education and medical systems and the "recent positive measures" to improve relations with South Korea.

THE ASSOCIATED PRESS

Prisoner sues B.C.

Inmate claims he slipped on urine thrown into cell

A British Columbia man who claims he slipped on urine that was thrown into his prison cell has filed a lawsuit against the province seeking \$25,000 plus court fees.

Shane Jeurissen says in his notice of claim that he was in the segregation unit of the Kamloops Regional Correctional Centre on July 24 when two inmates tossed a container of urine into his cell.

THE CANADIAN PRESS



Nepalese soldiers prepare to airlift an injured trekker in the Thorong La pass area of Nepal Wednesday. Four trekkers caught in a blizzard died Tuesday while 14 others were rescued. COURTESY NEPALESE ARMY/THE ASSOCIATED PRESS

Four Canadians die in Himalayas

Nepalese avalanche, blizzard kill 12. Death toll expected to rise as rescuers struggle to reach dozens of stranded trekkers

Cyclone blamed

- The rain and snow that triggered the deadly avalanches and blizzard in Nepal were caused by a cyclone that hit neighbouring India days ago.
- October is the most popular trekking season in Nepal, with thousands of foreigners hiking around Nepal's Himalayan mountains.

An avalanche and a blizzard in Nepal's mountainous north have killed at least 12 people, including four Canadians, officials say.

Montreal-based travel agency Terra Ultima said three Quebecers — two women in their 50s and one in her 30s — are among those missing and feared dead. Co-founder Julien Passerini said six Quebecers, includ-

ing a guide who is among the missing, had left Canada on Oct. 3 for three weeks.

A company called Panorama Himalaya confirmed the deaths of three Canadian

clients in an avalanche and said it had rescued three other Canadians. A company called Nepal Hidden Treks confirmed the death of a fourth Canadian woman.

In the neighbouring Mustang district, four trekkers caught in a blizzard died Tuesday. Rescuers recovered the bodies of the two Poles, one Israeli and one Nepali trekker from the Thorong La pass area. A government official said 14 foreigners have been rescued so far, and two army helicopters were picking up injured trekkers.

Five climbers — two from Slovakia and three Nepalese guides — were hit by a separate avalanche on Mount Dhaulagiri and remain missing. THE ASSOCIATED PRESS

Four kids injured in Kashmir cross-border firing: Pakistan

Indian forces fired into the Pakistan-administered portion of the disputed Himalayan region of Kashmir, wounding four children Tuesday night, Pakistan's military said Wednesday, a sign of increasing tensions between the two nuclear-armed rivals.

Indian army officials confirmed the incident but blamed Pakistan for initiating the fire, saying the Pakistan army fired small arms and mortar shells at Indian positions late Tuesday.

A senior official in Indian-

controlled Kashmir said Pakistani fire wounded one civilian Tuesday.

Angered over the clashes, about 200 Kashmiri activists staged a sit-in Wednesday about 500 metres from the Line of Control at Chakoti sector in Pakistan-administered Kashmir, asking India to stop the firing. They also urged India to allow them to send supplies for those affected by recent floods in Indian-controlled Kashmir that killed 200 people.

THE ASSOCIATED PRESS



A Kashmiri woman sits near a burning tire during a protest Wednesday by people affected by floods in Srinagar. THE ASSOCIATED PRESS

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Rescue workers remove their hard hats as firefighters carry a second body out of the Algo Centre Mall in Elliot Lake, Ont., on June 27, 2012. Commissioner Paul Belanger and his team have spent months sorting through numerous claims, counter-claims and finger pointing as to who was to blame for the tragedy. NATHAN DENETTE/THE CANADIAN PRESS

Local effort

Emergency response team praised

Belanger is effusive in his praise for the initial local emergency response. His view of the provincial heavy urban search and rescue team that was called in — despite the good intentions and courage of its members — is far more

jaundiced.

The team deployed without sufficient numbers, without a proper plan or command structure, and treated family members and the community poorly, he says.

They also ignored an offer of help from experienced mine rescuers.

They called off the search due to the dangerous conditions instead of simply putting the effort on hold while they

considered all other options.

The rescue effort, he says, was not a model others should strive to emulate.

"Ontario's urban search and rescue system needs a careful re-examination to provide better overall coverage and quality of service," Belanger concludes.

He does, however, praise then-premier Dalton McGuinty for getting the rescue effort restarted.

Provincial police said they had made improvements to their crisis response, including mandatory training for major critical incident teams who are now deployed throughout the province.

In response to the report's release, the Ontario government promised a quick review of the recommendations to ensure the province is better prepared for any emergency.

THE CANADIAN PRESS

Elliot Lake mall neglect went on for years: Report

Algo Centre inquiry. Findings show poor construction, dishonest owners, engineers and inspectors contributed to 2012 roof collapse

was "doomed to early failure" while still in its planning stages.

Putting parking on the roof was a bad idea. A defective roof design made matters much worse, as no one appeared to realize how severely the rust would compromise the integrity of the structural steel.

"The system was a dismal failure from the moment it was installed," the report states.

Some of the engineers and inspectors simply forgot the "moral and ethical foundation" of their vocation and were more concerned with pandering to clients than with protecting the public, he said.

"Their inspections were so ... incomplete as to be essentially meaningless," he said.

According to the commission, the mall's various owners hid the problems, then tried to sell their way out of them when patchwork fixes failed.

In all, the report from the \$20-million inquiry makes 71 recommendations, with respect to maintenance and inspection standards, and expanded emergency response capabilities. **THE CANADIAN PRESS**

Decades of incompetence, neglect, greed and dishonesty by successive owners, engineers and municipal officials led to the deadly cave-in of a northern Ontario mall two years ago, a judicial inquiry reported.

Released Wednesday, the report is an indictment of all who allowed the Algo Centre Mall to rust to the point of collapse. Commissioner Paul Belanger pulled few punches in holding those responsible to account.

"Although it was rust that defeated the structure of the Algo mall, the real story behind the collapse is one of human, not material, failures," Belanger told scores of residents at a community centre.

What is clear is the disaster began unfolding in the 1970s. The mall, Belanger concludes,

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HINT: THERE ARE 3

Death of Tina Fontaine's father led her astray, courtroom hears

A Winnipeg courtroom is hearing more details about the downward spiral of a 15-year old girl whose body was pulled from the Red River in August.

A sentencing hearing for two men who killed Tina Fontaine's father, Eugene, has been told the teen lost her way after the killing.

Eugene Fontaine was beaten to death in October 2011 by two men he had consumed drugs and alcohol with on the Sagkeeng First Nation north-east of Winnipeg.

Nicholas Abraham and Jonathan Starr have pleaded guilty to manslaughter and the Crown is seeking 10-year sen-

tences for each of them.

In a victim impact statement, Tina Fontaine's great-aunt and uncle say Tina "started drifting away" after losing her father. One of Tina's aunts said the teen "was not able to cope at all."

The girl's family has already said Tina was a bright girl who

fell into trouble after moving to Winnipeg earlier this year.

They say she frequently ran away from social workers while she was in the care of family services, and disappeared one week before her body, wrapped in a plastic bag, was found in the water. Police have not made any arrests. **THE CANADIAN PRESS**



In this Feb. 17, 2011 file photo William Melchert-Dinkel, center, leaves court with his attorney Terry Watkins, right, and wife Joyce Melchert-Dinkel in Faribault, Minn. **ROBB LONG/THE ASSOCIATED PRESS FILE**

Man guilty of assisting suicide gets jail time

Former Minnesota nurse. He encouraged an 18-year-old Canadian university student to kill herself



Nadia Kajouji, from Brampton, Ont.
THE ASSOCIATED PRESS

A former Minnesota nurse who admitted going online and encouraging an English man and a Canadian woman to kill themselves is headed to jail.

William Melchert-Dinkel was ordered Wednesday to serve 178 days.

He was sentenced to three years in prison, but he won't have to serve the prison term if he complies with conditions of probation that include the jail time.

The 52-year-old was convicted in September of one count of assisting a suicide and one count of attempting to assist a suicide in the deaths of Mark Drybrough, 32, of Coventry, England, and Nadia Kajouji, 18, of Brampton, Ont.

The convictions came after the Minnesota Supreme Court narrowed the state's assisted-suicide law and reversed earlier convictions.

Kajouji jumped into a frozen river in 2008. She was a student at Carleton University in Ottawa at the time. Drybrough hanged himself in 2005.

Melchert-Dinkel told the judge presiding over the case that he was sorry for his actions. **THE ASSOCIATED PRESS**



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PALM TAROT ENERGY READINGS

When will Canada get HBO stand-alone streaming service?

Not for a while.

The service is likely a no-go in Canada, at least until licences with Corus and Bell expire in 2018

HBO's plans to launch a stand-alone streaming service in the United States — that will let viewers sidestep their cable company to watch popular shows like Game of Thrones and True Detective — may signal a huge setback for the Canadian companies that currently carry the programs.

While the service won't be available in Canada immediately, it demonstrates the U.S. company is prepared

to follow a growing number of viewers who are cancelling their cable in favour of services such as Netflix.

The announcement by HBO, which plans to launch its "over-the-top" next year, increases the possibility it will make inroads into Canada, RBC Capital Markets

analyst Drew McReynolds writes in a note.

But it'll still take several years because new HBO programming is under an exclusive licence in Canada to Corus Entertainment and Bell Media, until 2018, McReynolds says.

THE CANADIAN PRESS

Market Minute



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See Dubai from the sky

The world's tallest tower, Burj Khalifa, is seen in the background next to a mosque in Dubai, United Arab Emirates, in 2011. Visitors to the Burj Khalifa can now get an even more elevated view of the Middle Eastern city. The owner of the 828-metre-tall skyscraper says that starting on Wednesday, visitors can pay to ride up to a new observation deck on the 148th floor. That is 555 metres above street level, making it the world's highest observation deck, according to Guinness World Records. To get there, visitors have to change elevators on level 125. Earlier, tourists could only go to a still-operational observation deck on the 124th floor. Nearly 1.9 million visitors did so last year. KAMRAN JEBREILI/THE ASSOCIATED PRESS FILE

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CYBERSAFETY: TIPS FOR NUDE CELEBS & OTHER PEOPLE

Whether it's a generous overseas prince, an unexpected "I love you" email from a friend or a "banking error" that results in a refund, the surest sign something is spam is a nice person on the Internet.

There is no such person.

Message boards, news sites, comments sections and Twitter have taught us there is no "nice" online: only the malevolent and the stupid.

Olga from Russia does not want to date you and other men over 30. You are not the illegal-download site's 100,000th visitor, with or without a balloon gif. And, okay, maybe your parents sent you an email saying they love you, but it sounds suspicious to me.

Each week there's some new security breach caused by bots on your computer or hackers in the Cloud or some damned thing.

People scramble to see hacked nude photos of celebrities they've already seen naked in the movies. CNN explains



HE SAYS
John Mazerolle
metronews.ca

some new virus that sounds like an indie band (StormWorm!). A newspaper columnist comes THIS CLOSE to giving his info to a TD Bank phishing scam until he remembers, "Hey, this seems awfully *nice* of them."

Fortunately, my cynicism once again saved me from my useless trust in humankind. But what if you're a better person than me? How do you keep safe online? So glad you asked.

How to keep safe online

- Go against expectations by making your password "password." Hackers will be trying to find a more complicated password, and it will be right under their noses! The fools!
- Conversely, mix it up with Password1. The combination of text, caps and numbers will leave them baffled.
- Remember you should never share personal information over the Internet, email, regular mail, cellphones, land-

lines, smoke signals, Morse code, by pheromone or in person.

- If looking at nudes in public, cup your hands around the edges of the screen.
- Leave so-called "Captain Kirk" code on your computer to fool any bots into a logical paradox. e.g: "Everything this code says is a lie. This code is lying." Please note that your computer will smoke and spark for a while before shutting itself down.
- Ever notice how all security breach stories involve PCs or Macs? Tandy 1000, my friends. Tandy 1000.
- "Clean" your computer after every use by tossing it in soapy water.
- Keep your nudes in a folder marked Gideon Bible/Finances/History of New Brunswick and your personal information tucked away in the Apple Terms and Conditions agreement where nobody will read it.
- Maybe don't trust your personal information to a computer storage system named after a natural phenomenon known for its impermanence and permeability. Just a thought.

Metro Bitstrips caption contest



Today's winner:
Andrew Wong



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Bitstrips



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In this issue, you can find AR enhancements on page 30 in Life and page 34 in Sports.

To see these pages spring to life, download or update the Metro News app and follow these three easy steps:

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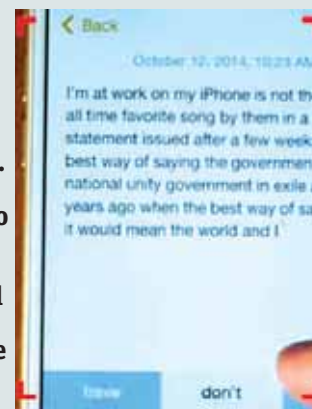


Let autocorrect finish that song



ANDREW FIFFELD
andrew.fiffeld@metronews.ca

Frequently frustrating suggestions aside, autocorrect can be pretty helpful — and entertaining. Songwriter Jonathan Mann also sees the charm in the smartphone feature's whimsical wordplay, so he recruited an iPhone to be the Bernie to his Elton and write the lyrics to a damned catchy song that haphazardly explores headaches, the universal yearning for human contact and ... geopolitics? (Jonathan Mann/YouTube)



SCREENGRAB

Twitter

@metropicks asked: A U.S. doctor is slamming hazmat Ebola worker costumes as being offensive. What Halloween looks are off limits?

@pohl1: ISIS Jihadis, human bombs

@megsprevost: Dress up as a cloud and hand out nude pics of celebrities all day long. #TooSoon #Funny

@WerdEmUp: um.. maybe "Sexy Ebola Hazmat Worker" ??

Bubble-gum serpent lady, robots or a full-back gorilla

Tattoo festival. One of Canada's biggest, busiest tattoo shows is in town this weekend to showcase the latest trends in ink art

LUCY
HAINES
calgary@metronews.ca

It seems like everyone has a tattoo these days — grandma, your teacher, the bus driver — but what's it like on the other side of the needle?

Innovations in ink quality and low-vibration machines make the job easier, but tattoo artists still spend hours on their feet (14-hour days aren't unusual), focusing on intricate design details that can take a toll on the eyes and wrist.

But those who make a living at it aren't complaining — they're riding the wave of popularity right into the BMO Centre for this weekend's tattoo show.

For the first time in his many years at the helm, festival founder Steve Peace will be creating at the show, joining a fellow tattoo artist to make a full backside work (back, rear, legs) of a gorilla coming out of the woods.

"I'm not happy just doing trinkets, anymore. I don't do anything that's under four hours," Peace says.

"It's unbelievable to come to the shows and see what the next generation is creating. Artists keep pushing the edge."

If you go

The Calgary Tattoo and Arts Festival runs Friday to Sunday at the BMO Centre in Stampede Park. On tap: merchandise vendors, entertainment, a scavenger hunt and appearances by Kim Coates and Theo Rossi from *Sons of Anarchy*. For more details, go to calgary-tattoos.com.

Peace says art on the head and hands is a new trend, as is tandem-style ink — with two artists each doing half of a piece.

For the show, he has invited local, national and international artists to showcase their work.

Among them is Immaculate Concept Tattoo artist Clark MacLeod, who says he is excited to work on his "modern take on a Medusa-like serpent lady wrapped around a bell" in front of the thousands expected at the show.

"I'm a fan of big lines and I use as much colour as possible. My co-workers call my style bubble gum, so I guess my work appeals to younger guys and gals," MacLeod says, describing a favourite thigh tattoo he created of a robot fighting in space. "The industry is way more mainstream now. It has come out of the shadows."

Many artists are pre-booked, but Peace says there are some walk-up spots available for a quick banger or trinket. "You won't get a whole sleeve done in 20 minutes, but you can see what's possible."



The Calgary Tattoo Festival will feature top artists, entertainment and a scavenger hunt for the kids. CONTRIBUTED



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Song of Innocence



Bono

Bono apologizes to his U2 fans for iTunes freebie

Bono says he is sorry for giving away U2's latest album for free on iTunes.

There were grumbles last month when the Irish rock band's new album Song of Innocence was automatically downloaded onto Apple's iTunes accounts around the world.

Some users griped that the record took up valuable storage space.

In a video interview on Facebook Tuesday, Bono took questions from fans. One fan wrote, please, no more automatic freebies. "It's really rude."

"Oops," said Bono. "I'm sorry about that. 'I had this beautiful idea. Might have gotten carried away with ourselves. Artists are prone to that thing. A drop of megalomania, a touch of generosity, a dash of self-promotion, and deep fear that these songs that we poured our life into over the last few years might not be heard."

"There's a lot of noise out there. I guess, we got a little noisy ourselves to get through it."

The album can be removed from iTunes accounts with the click of an on-screen icon. **AFP**

Pink mixes it up with Green for a folksy fresh sound

Rose Ave. Alecia Moore says she is just being herself in *You+Me*, her new folk duo with Canadian singer-songwriter Dallas Green

Don't call Alecia Moore Pink — at least for now.

The 35-year-old entertainer is just being herself in *You+Me*, her new acoustic project with Canadian singer-songwriter Dallas Green.

The duo released its debut album Tuesday.

"This has nothing to do with Pink," Moore says, sitting by Green's side at Santa Monica's Viceroy Hotel.

"Pink was my nickname as a kid, but it's become this thing that I do. If you say the name Pink, you conjure up a woman hanging from a ceiling in a piece of cloth, screaming about her husband," she laughs. "This is just me and my friend Dallas. He doesn't call me Pink."

Moore and Green say they weren't even trying to create an album. They were just a couple of old friends having fun and making music.

"The fact that there were no expectations — I think that's what made it so freeing," she says. "I felt like I was eight years old again. I just felt like I was doing it because I loved it."

The result is *Rose Ave.*, a

collection of nine original, guitar-based duets, along with a cover of Sade's *No Ordinary Love*. The spare arrangements on these folksy songs spotlight Green and Moore's harmonies.

"I think I sing better when I'm singing with him," she says.

Alecia Moore and Dallas Green wrote and recorded their debut album in a week, which Green attributes to their friendship and overall comfort with each other.

"The reason we wrote so quickly," he says, "was just because it was so energizing, the experience, I think, for both of us, because it was something different."

Since 2005, Green has written and recorded as City and Colour, releasing four studio albums.

As Pink, Moore says she tends to "write to tour."

"I'm way more of a touring person now," she says. "I'm trying to create the best thing I can create so I can do the coolest thing on the stage."

She and Green would not say if they plan to tour as *You+Me*.

Although Pink is on a break right now (her *The Truth About Love* tour wrapped earlier this year), Moore promises she'll be back eventually.

"I see myself in Vegas at 60," she said, "in a tutu, hanging from the ceiling in a piece of cloth, screaming about my husband."

THE ASSOCIATED PRESS



Alecia Moore, known as Pink, and Dallas Green recorded a folk-music album as *You+Me*. **THE ASSOCIATED PRESS**

Underdogs. Foosball film voiced by Grande, Hoult

The animated comedy *Underdogs* is being readied for April release, and its English-language voice cast includes singer Ariana Grande, Nicholas Hoult of *X-Men*, Katie Holmes of *Wonder Boys* and Matthew Morrison of *Glee*.

Central to the story is Morrison's character Jake, an introverted foosball fan who is in love with Laura (Grande) and, with her support, wins against Ace (Hoult).

Things turn bad when Ace, now a global soccer star, comes back to town, nabs Laura, and starts wrecking the place in order to build a giant sports arena.

It's up to Jake to make things right, and help comes from the plastic figures atop his foosball set.

If all this sounds familiar, it might be because *Underdogs* was first released in 2013 as *The Unbeatables*. **AFP**



Ariana Grande joins voice cast for the animated film, *Underdogs*. **AFP**

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Getting to know Canadian actress Sarah Gadon

Dracula Untold.

Canadian talks about her studies at University of Toronto, working on big films

MATT PRIGGE

Metro World News in New York

Where you've seen her:

A performer on TV and film since she was a kid, the Canadian-born actress has appeared in three David Cronenberg films, including *Cosmopolis* and *Maps to the Stars*. Gadon also played the second Jake Gyllenhaal's pregnant wife in *Enemy*, and played the half-sister in *Belle*.

Where she is now:

She plays the goodly wife of Vlad III Tepes, a.k.a. Vlad the Impaler, in the origin story/reboot *Dracula Untold*.

Where she's going:

Gadon will play Queen Elizabeth II as a young princess in *Girls' Night Out* and appear in the thriller *The 9th Life of Louis Drax*, with Aaron Paul, out next year.

Which Dracula she loves the most:

"I grew up with Bram Stoker's *Dracula*, the Coppola version," Gadon says, citing that *Untold* essentially stretches out its first 10 minutes into a feature-length film. She was also a total *Buffy the Vampire Slayer* head growing up.

Why vampires never die (as an art form):

"We return time and again to vampires as a metaphor. It touches on basic human themes of love and death and struggle. It's a great catalyst to explore these ideas."

What *Dracula Untold* does to the series:

"Each version of the story speaks to its specific time. Our film is no exception. It's taking the *Dracula* story and putting a contemporary Hollywood stamp on it. It's using every special effect in modern technical filmmaking to add this visual



Sarah Gadon, right, stars in *Dracula Untold*, which opened over the weekend. CONTRIBUTED

element, putting it on the compelling esthetic for which *Dracula* is so well known."

And it's about humanizing Dracula (to a point):

"I think audiences are smart. They don't want to see black-and-white. They want to see a character struggling with complexity and trying to live a good life."

Graduating to giant productions after smaller films:

"I thought it was going to be hugely different, but at the end of the day it was like any film I'd ever done. You find a connection with another actor and everything in the background just fades away."

Gadon is also pursuing a degree in cinema studies at University of Toronto, with a few credits left. What she loves about it:

"I love semiotics. I love psychoanalysis and how it pertains to film theory. I'm a big fan of Italian neorealism."

How academia helps her acting:

"I think when you have a film degree it helps you speak the same language as your director. It's easier to understand the visual references, the visual impact they're trying to make. That's important in character development. If you don't know the kind of film you're going to be in, it impacts the world you're creating."

How cinephilia helps her prepare:

"I usually like to watch a lot of movies before I start a project. I find it inspires me creatively. For this I watched a lot of samurai films. You can see the samurai influences when you watch some of these films. The hand coming out as the carriage pulls up unannounced (in certain *Dracula* films) is a very samurai moment. Gary (Shore, the director) asked me to watch a lot of early Spielberg stuff. The banter between men and women has the same tonal quality he wanted Luke and I to have."

TOO YOUNG?

Find out what you don't know about young workers' rights at workright.alberta.ca

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Javier Bardem. Actor on board for Pirates project

The Spanish actor is in talks to play Captain Brand, a ghost determined to take revenge on Jack Sparrow for the death of his brother, according to *The Wrap*.

Though earlier reports suggested Christoph Waltz might play the primary villain in the fifth *Pirates of the Caribbean* movie, Javier Bardem has ultimately landed the offer.

Opposite the Spanish actor, Johnny Depp is expected to

return as Jack Sparrow, along with Geoffrey Rush as Captain Barbossa. The *Wrap* also mentions possible appearances by Orlando Bloom and Keith Richards, which remain unconfirmed for the time being.

Helmed by Joachim Rønning and Espen Sandberg (*Bandits*), the Disney feature will start production in Australia in February, with a U.S. release in July 2017.

AFP



Javier Bardem AFP FILE PHOTO

Chic-lit pioneer Becky heads to Rodeo Drive

Shopaholic to the Stars. Sophie Kinsella discusses new book

EMILY
LAURENCE
Metro News New York

When Sophie Kinsella released *Confessions of a Shopaholic* in 2003, chick lit was new. But the

book about romance, shopping sprees and friendship resonated worldwide and spawned a movie. It's been four years since the last *Shopaholic*, but Kinsella is releasing the seventh book next week. We talk to her about how writing for women has changed, the book's deeper themes and what's next.

It's been four years since the last *Shopaholic* book. Why

did it take so long?

I was very eager to write another *Shopaholic* book, but I was also eager to write *I've Got Your Number* and *Wedding Night*, two stand-alone novels I've written in between. Oh, and I had a baby along the way. Hence the slight delay.

How did you come up with the idea?

Sending Becky to Hollywood

is an idea I've been mulling on for ages — especially since I was involved in the *Shopaholic* movie. All the time I was on set or in L.A., I kept thinking, "What would Becky do? How would she react to L.A.?" I knew she would go on quite a journey and I couldn't wait to write it.

***Shopaholic To The Stars* has a deep theme of how women's**

work is valued versus their husband's work. Is this a discussion you wanted to spark?

I never write any scenes deliberately to provoke discussion, but I do try to reflect reality as I see it. The struggle for any family to balance its breadwinning and parenting needs is definitely a big issue of today. Becky and Luke have a very real dilemma. They want to support each other, follow their individual ambitions, but remain a tight family unit. It's a tough task and I don't think there are any easy answers.

Has writing about Becky changed since the first book?

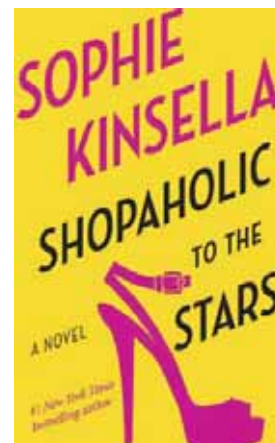
Becky has changed and grown and the world has moved on. When I started writing the first *Shopaholic* book, debt was not the topical subject it is today — in fact, I feel like I was ahead of the curve! Now we are all very aware — not just of our own personal debt but of our nations' debts. The financial crisis shook us all up and it was weirdly satisfying writing Becky's response to it in *Mini Shopaholic*. I think the world has been through its own shopaholic journey — borrow, spend, regret it, pay the price. We're all a bit wiser now, and Becky is, too.

You were one of the first authors whose books were labelled chick lit. Was that a label you embraced?

I'm fairly relaxed about the phrase chick lit, partly because it's so nebulous. What does it even mean, exactly? No one seems sure. But I do think it's a shame to categorize a readership as all-female before you even begin. I know I have some male readers, even if they hide the books behind sports magazines. So I'd prefer romantic comedy, or the label I saw in a bookshop once: wit lit.

Has the way you write to women or the book market changed over time?

When I write, I don't really think about "writing to women" or the book market. I think that would distract me and, anyway, I don't believe in trying to second-guess readers or markets. I just tell a story,



Quoted

"I think the world has been through its own shopaholic journey — borrow, spend, regret it, pay the price."

Shopaholic author Sophie Kinsella

in the best way I can, trying to write the book that I'd love to read myself. I haven't deliberately changed my style, although I have obviously noticed trends coming and going around me. (No, I am not planning a *50 Shades of Shopaholic*!)

You leave things a bit open-ended in this book. Can you reveal what may happen next to Becky?

It was a lot of fun writing the end of *Shopaholic To The Stars*. While much of the story is tied up, there is a bit of a cliffhanger — I'm a sucker for a cliffhanger — but don't worry, I'm hard at work writing the sequel. Let's just say that Becky is on the road.

Shopaholic book tour

Sophie Kinsella will attend a book signing in Calgary later this month.

- Oct. 30: 7 p.m., Chapters Chinook, 6455 Macleod Trail, free.

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Chris Brown holds no punches in his assessment of Ebola crisis

Oh, Chris Brown. You just can't help yourself, can you? The embattled singer decided to ruminate a bit on the current Ebola crisis, but maybe he should've just taken another BuzzFeed personality quiz or something — "Which Rihanna song are you," maybe? — because the results are, well, this: "I don't know ... But I think this Ebola epidemic is a form of population control. S— is getting crazy bruh." Indeed, bruh. He did at least follow that up with "Let me shut my black ass up!" At which point I can only assume he pummelled himself into submission.



Chris Brown
ALL PHOTOS: GETTY IMAGES

Gomez to grown-ups: 'What were you doing at 15?'

Kids can be tough enough, but Selena Gomez says she's also had to put up with grown-up haters, too. And she's had it, man. Up to here! "I get picked on by grown adults all the time," Gomez tells E! News. "It's grown-ups and I don't get it. It just baffles me. I wish I could just sit them down and say, 'What were you doing at 15? What were you doing at 18? What were you doing at 21?' Because I can guarantee you it's not half of what I've done." Maybe the "whatever, loser" tack isn't exactly the high road she seems to think it is. But apparently, it's working. "Trust me, it's



Selena Gomez

hard. I've had my moments where I've let them get to me, but I refuse to let them win," she says. Now if you'll excuse me, I have to go think about what I was doing at 15. And it ain't pretty.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Harry's party 'style' has pals concerned



NED EHRBAR
Metro World News in Hollywood

Guys? Harry Styles' friends are worried about him. And with good reason. Styles was recently photographed in the natural habitat of a 20-year-old celebrity on a break from his pop group's arena tour: puking his guts out on the side of an L.A. freeway the morning after a night out

with Lily Allen. You know, that old story. Well, while he's been getting sick his friends have been worried sick.

"He has been worrying everyone for quite some time now," a source tells Radar Online.

"Those close to him have urged him to slow down. But he lives by the seam of his pants and thinks that he is invincible. Clearly, he is not."

I'm not familiar with what living by the "seam" of your pants is, exactly, but hey, language is a fluid beast. Boot and rally, Harry. Boot and rally.



@ABFalecbaldwin

An election is just weeks away. What better time to, once again, critique the lack of common sense and fairness in most US govt policy?



@kirstiealley

Oh damn...new cell phone with new Twitter app and no idea how to USE THE BLOCK Feature.



@Miles_Teller

When I buy my first house my shower head will have multiple settings.



Stephen Collins

Art imitating life? 7th Heaven star's latest role was a pedophile priest

This is probably not the kind of attention the filmmakers were hoping for: It turns out embattled former 7th Heaven star Stephen Collins' most recent role was in Penance, a

short film just hitting the festival circuit, playing ... a pedophile priest. Yikes. The film screened at the Catalina Film Festival near L.A. last month, just days before the release of a tape of Collins confessing to past incidents of molesting multiple young girls. But on the bright side, it's not often a short film gets this kind of attention, so ... yay?

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3
LIFEPLUS
HOMES

Bang bang there goes my hair!

To chop or not to chop?

Cropping the front of your coif is a serious commitment. Are you ready to make the cut?

KATELYN
ZBOROWSKI
life@metronews.ca

Maybe it's the pages of fringe-flaunting celebs like Emma Stone and Karlie Kloss. Maybe it's a perfectly coiffed co-worker with a killer fringe rivalled only by her vocabulary. Or maybe it's as simple as a craving for change.

Whatever the cause, the question of the moment is clear: Should you get bangs?

Sure they're stylish and add a level of fierceness to your persona that you didn't even realize you were missing. But bangs can turn into a full-time job. They call for extra styling time in the morning, a level of round brush expertise to which many merely aspire and several months of growth should you ever decide to ditch them.

Sylvie Prud'Homme, co-owner, stylist and proud fringe flaunter at The Loft Toronto, is no stranger to the subject.

Her advice to anyone considering bangs is to "make sure they're right for your morning routine. Having a fringe makes blow-drying and styling a must in the morning, even if you're whipping the rest of your hair into a ponytail or topknot."

Prud'Homme also shares that this fall it's all about the "full bang that grazes just below the eyebrow with softness at the ends". She



Do you have time for these tresses? Regular maintenance of this new do will mean frequent trips to the salon. ISTOCK

says, "by having the ends soft instead of blunt, it allows for you to wear them down or swept to the side."

Who knew bangs could be so versatile?

La Coupe Salon and Spa in Montreal is currently ex-

periencing a surge of clients requesting full frontal fringes.

Stylists Melanie and Melissa credit the trend to the changing season, but also to stars who have recently debuted thick front bangs, including Taylor Swift.

Melanie and Melissa recommend assessing the health and type of your hair, as well as the condition of your scalp before making any decisions. If you have fine hair and an oily scalp, you might find your bangs look flat by the end of the day, leading to frequent washing and styling. If you don't have that kind of time (or patience) to devote to

Decisions at dawn

"Make sure they're right for your morning routine. Having a fringe makes blow-drying and styling a must in the morning, even if you're whipping the rest of your hair into a ponytail or topknot."

Sylvie Prud'Homme
Co-owner of The Loft

your new fringe, step away from the scissors.

If you have thick hair and already go a day or two between washings, you're in

a better position. The next step is to consult your stylist who will help you choose the right type of bang for your face.

A square face with a small forehead, for instance, usually isn't the best match for a thick front-cut fringe. A Jennifer Aniston-inspired side swept option, however, would work perfectly.

Chad Taylor, creative director at Moods Salon in Vancouver's top advice is to "talk with your stylist to see if they'd recommend bangs for your hair texture, face shape and growth patterns," because that pesky cowlick gets a whole lot peskier with the wrong kind of bangs.

Insider tip

- Many salons offer complimentary bang trims in between regular appointments. Check to see if yours does while you pop in for a consult to find your answer to the big bang question.

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One bad mother shut-yo-mouth sandwich

Black Bean Tortas with Coconut Chipotle Mayo. This sh— is so real you won't even miss that slab of beef

"A Torta is a bada— sandwich with the soul of a burrito," writes the Thug Kitchen crew, an L.A. based duo behind the blog of the same name. "Make this mother— stat and see what your narrow sandwich world has been missing."

1. Throw all those mayo ingredients in your blender or food processor and run that mother— on high for about a minute so everything is good and mixed. Taste and see if you want more hot sauce. Pour this all in a cup or bowl and store it in the fridge until you need it. It will thicken in there, just f—ing be patient.

2. Next, make the beans. Heat the oil in a large soup pot over medium heat. Throw in the onion and sauté it until it starts to look golden brown, about 5 minutes. Add the garlic, chili powder, and cumin and cook for another 30 seconds. Add the beans and broth and stir that sh— up. Let it come to a simmer and then turn down the heat real low. Using a potato masher or big— spoon, smash up all those beans as best you can. Think chunky

guacamole. Add the lime juice and then taste. Add some salt or more spices if that's the kinda sh— you're into. Now turn off the heat and make a torta.

3. Grab a toasted roll and smear with a bunch of the coconut chipotle mayo. Pile a f—ton of the beans on the bottom half. In between, add whateverthef— you want. Let-

Ingredients

Coconut Chipotle Mayo

- 1 cup canned coconut milk
- 1/3 cup of your favourite chipotle hot sauce
- 1/4 cup olive oil
- 1 tbsp ground chia seeds (Yeah, chia seeds, like the f— chia pet. They are rich in omega-3s and full of fibre. If you can't find them, flaxseeds are an OK sub)

- 1 tsp lemon juice
- 1/2 tsp garlic powder
- Pinch of salt

Creamy Black Beans

- 1 tsp oil
- 1 yellow onion, chopped
- 3 cloves garlic, minced
- 1 tbsp chili powder
- 3/4 tsp ground cumin
- 3 cups cooked black beans
- 1 1/2 cups vegetable broth
- Juice of 1 lime
- Salt to taste

Torta Trimmings

- 4 crusty rolls, split and toasted
- Lettuce
- Sliced tomatoes, red onion and avocado

tupe, tomatoes, red onion, and some avocado are some time-tested choices, but be creative and sh—. Serve right away with some extra hot sauce.

RECIPE FROM THUG KITCHEN: EAT LIKE

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Cookbook of the Week

Rebel with a cause



Thug Kitchen, a wildly popular blog, brings its bada—, keepin' it all the way real approach to a book that showcases more than 100 recipes. By taking the pretentious attitude out of healthy eats, it offers realistic advice about everything from techniques to shopping on a budget. Among the recipes are: Baked Spanish Rice, Grilled Eggplant Soba Noodles, Strawberry Shortcake and more. **METRO**

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This recipe serves four. COPYRIGHT THUG KITCHEN

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Fogo Island Inn: Handcrafted meets high design

Hotel to home. Finding style inspiration from travel, this time off the coast of Newfoundland



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Set on the northern edge of Fogo Island, N.L., is a Nordic-inspired, modern structure that seemingly disappears into the sky with its grey, fog-like colour. The Fogo Island Inn is as sensible in its design as it is thoughtfully hand-crafted. Built just two years ago, the inn's design is not only a nod to the past, but an appreciation for a modern aesthetic that strikes a balance with comfort. From high-gloss beadboard ceilings to the locally handmade quilts, crocheted mats and furnishings, there are details any design enthusiast will take home to inspire their next decor project. Art does not hang on the walls of Fogo Island Inn. Instead, practical furnishings and



metro AR Each Fogo Island Inn guest room boasts modern lines, impeccable craftsmanship and natural materials sourced on the island. From furnishings to wall hooks and quilts, handmade touches are discovered everywhere. Scan this photo with your Metro News app to watch a guided video tour with yours truly of a room at the Fogo Island Inn in Newfoundland. CONTRIBUTED

accessories become sculptural interests throughout. Want the

handcrafted look for your own space? Here are a few decor

accessories that are currently available in the marketplace.

Snuggle up to a hand-made quilt. They will become heirloom art for the bedroom. Make It Patchwork Quilt, \$349, UrbanOutfitters.com.



Crocheted pillows, mats and seat cushions make for handmade touches at Fogo Island Inn. Get the look with the Plum & Bowis Crochet Medallion Hook, \$12, UrbanOutfitters.com.



A coat of black paint instantly gives something a personal touch. Ryssby Black Nightstand, \$129, Ikea.com.

Mixed materials of cloth, rope and wood offer a thoughtful hand-crafted look. Magical Thinking Cloth Wall Pocket, \$40, UrbanOutfitters.com.



Easy-to-apply real wood veneer strips create a casual chic focal wall. \$500, EuroCorkWall-Design.com.



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Follow the faux brick wall

DIY. Add texture and loft style with this easy weekend project

A new home can be thrilling but is often accompanied by a long list of to-dos. Over time, the excitement can begin to fade while that list continues to grow and often becomes overwhelming. Sometimes all it takes to get going again is a bit of inspiration. Here is something that will dress up a dull wall and liven up any home: a faux brick wall. In just one weekend, you can embrace the warmth and modern edge of this DIY project.

Home reno moments

Catch all new back-to-back episodes of *Rescue My Renovation* on Thursdays at 10 p.m. ET/PT on DIY Network Canada for some of the best and worst moments of home renovations.

Preparation tips

- Consider the weight of the bricks and surface area; additional material may be required to help the wall support the brick.
- Avoid directly applying the brick to a painted surface — make sure to sand the area.
- Measure the wall to determine the amount of

veneer brick required.

- Cut several bricks in half before applying to the wall — this will help create a more natural look.
- Check your local building codes and always use safety gear and assistance if necessary. Local hardware stores are always a good place to start.

Getting it done

Begin at the bottom corner of the wall and apply mortar. The first layer will consist of full-sized veneer bricks. Once complete, prepare wood strips, about a half-inch wide, to create space between the first and second layer for

grouting. Start the second row with a half brick then continue with full bricks to

break the joints of the row below. Begin the third layer with a full-sized brick and the fourth one with a half-sized brick. Continue this alternating pattern until the wall is full and allow the brick to dry.

Final steps

Once everything is dry, prepare a mortar mixture to grout the joints of the bricks. Use a grout bag when applying it to the joints and take your time

with this process. Wait for the grout to set. Once dry it will crumble like sand when brushed. Use a stiff brush to scrub and clean the bricks. Don't worry if the bricks are messy or uneven, it provides a more authentic look.

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Kings

Muzzin signs on for five more years

Defenceman Jake Muzzin has agreed to a five-year, \$20-million US contract extension with the Los Angeles Kings.

The defending Stanley Cup champions Kings announced the deal Wednesday. Muzzin's new deal keeps him with the Kings through the 2019-20 season.

Los Angeles signed Muzzin as a free agent in January 2010 after he went undrafted in 2009, and he has evolved into a solid NHL defenceman over the past two seasons.

Muzzin has 41 points in 132 regular-season games for the Kings, and he added 15 points in 43 playoff games over the past two seasons.

THE ASSOCIATED PRESS

Mixed martial arts

Fighter breaks arm sparring, goes ahead with bout

Edmonton welterweight Ryan (The Real Deal) Ford faces possible sanctions after admitting he stepped into the cage with a broken arm to face Jake Shields on a World Series of Fighting card last week.

Ford lost but made no apologies for going ahead with the bout after injuring the arm while sparring.

"It's something that happens in this sport when you're training," Ford said in an interview Wednesday. "It's not like we're playing ping-pong."

Ford says he should not face sanctions because he passed all the medicals. **THE CANADIAN PRESS**



Flames goalie Jonas Hiller stops a shot from Blackhawks forward Marian Hossa on Wednesday night in Chicago. NAM Y. HUH/THE ASSOCIATED PRESS

Hiller handles heavy lifting in Windy City

NHL. Flames goalie stops 49 shots, plays leading role in sending Blackhawks to first loss

Jonas Hiller made 49 saves and Mikael Backlund scored at 4:35 of overtime, lifting the Calgary Flames to a 2-1 victory over the Chicago Blackhawks on Wednesday night.

Dennis Wideman also scored for the Flames, who were coming off a 3-2 win at Nashville on Tuesday.

The Blackhawks con-

On Wednesday

2

Flames

1

Blackhawks

trolled the action for much of the night, enjoying a whopping 50-18 advantage in shots on goal. But Hiller was outstanding and Backlund used a wrist shot to beat Corey Crawford on the goaltender's glove side for his first goal of

the season.

Andrew Shaw scored in the third period and Crawford had 16 saves in Chicago's first loss in three games.

The overtime began with a nice stop by Crawford on Paul Byron's breakaway opportunity just 40 seconds into the extra period. Brad Richards had a chance to win the game for the Blackhawks, but his tip off a nice pass from Duncan Keith went wide.

It looked as if it was only a matter of time while Chicago played keepaway for much of the first two periods, but Hiller stepped up and the Flames

jumped in front at 11:55 of the second. Joe Colborne won a faceoff with Jonathan Toews and sent the puck back to Wideman, who let loose with a long slap shot that went off the stick of Blackhawks rookie Trevor van Riemsdyk and into the net.

That was the only goal until the Blackhawks were successful on their seventh power play with 5:45 left in regulation. With Wideman in the penalty box for hooking, Shaw tipped Patrick Sharp's long slap shot past Hiller for his second goal.

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AL champions. On to the World Series, as Royals sweep Orioles to win 11th straight playoff game



Royals' Lorenzo Cain holds up the MVP trophy. THE ASSOCIATED PRESS

James Shields led thousands of fans in a celebratory chant. Lorenzo Cain pranced along the warning track, cradling his newborn son. Ned Yost finally allowed himself to smile.

After nearly three decades spent as one of the game's biggest laughingstocks, the Kansas City Royals are once again baseball royalty. They are headed to their first World Series since 1985, finishing a four-game sweep in the AL Championship Series with a 2-1 victory Wednesday over the Baltimore Orioles.

In a perfect post-season, the Royals are intent to relish every moment.

"It's hard to explain," said Cain, whose clutch hits and dramatic catches earned him the series MVP award. "We're clicking at the right moment right now."

There's no doubt about that.
Now, the Royals will carry

an 11-game playoff win streak into the World Series, one shy of the major league record. That includes their first eight this season, something that had never been done in post-season history. Kansas City beat Oakland in a 12-inning wild-card thriller to start things off, then swept the Los Angeles Angels in the Divisional Series.

Kansas City will open its first World Series since 1985 on Tuesday against the winner of the NLCS between the

Giants and Cardinals. San Francisco led that series 2-1 before Wednesday's game.

It was the Cardinals who the Royals beat for their only World Series title.

"It's been an amazing run," Royals outfielder Alex Gordon said. "It's nothing better than when you win. Today, same old story: good pitching, good defence and scratch out a win."

Same old story for the Orioles, too: solid pitching, good defence — and just not enough offence. They managed seven hits over the last two games against Kansas City, resulting in the first sweep for the franchise in 21 post-season series.

"You saw how close the games were," Orioles manager Buck Showalter said. "It's more a testament to what they did. They were playing great defensively."

After holding the Orioles to three hits in Game 3, Jason Vargas and the Royals bullpen held them to four hits Wednesday night. Kelvin Herrera and Wade Davis got the game to Greg Holland, who matched Dennis Eckersley's record with his fourth save of the best-of-seven series.

THE ASSOCIATED PRESS

Jets looking to avoid new low

The New England Patriots turned their season around in plenty of time.

It's probably too late for the New York Jets, especially if they drop their sixth straight game when they visit the heavily favoured Patriots on Thursday night.

"We're desperate, to say the least," Jets coach Rex Ryan said.

The Patriots (4-2) quickly recovered from their low point, a 41-14 loss to the Kansas City Chiefs that unleashed speculation quarterback Tom Brady was slipping and coach Bill Belichick's genius was fading.

Unlike the Jets (1-5), that slide lasted just one week. A 43-17 rout of the NFL's last unbeaten team, the Cincinnati Bengals, took care of that. And they followed it with a 37-22 road win over the Buffalo Bills.

"We'll have to keep perspective," Brady said, "not ride the highs and lows because there's a lot of them."

The Patriots had just five offensive touchdowns in a stretch of 14 quarters, then scored seven in the last eight. Against Buffalo, Brady had his best game of the season with 361 yards pass-



metro
AR Tom Brady and the New England Patriots looked like an elite squad again after Sunday's 37-22 win in Buffalo. Scan the image with your Metro News app for more NFL notes from around the league Wednesday. BRETT CARLSEN/GETTY IMAGES

ing, four touchdown passes and completions to 10 receivers.

Ryan certainly didn't believe the criticism.

"That was hysterical," he said. "You know what I mean? It's like, 'Yeah, really? OK.' I mean, come on."

Now if he could only brush off criticism of his own quarter-

back so easily.

Geno Smith is last in passing in the league and was replaced in the fifth game by Michael Vick, who said he wasn't prepared. Smith started last Sunday's 31-17 loss to the Denver Broncos and Ryan is sticking with him against the Patriots. **THE ASSOCIATED PRESS**

AUGMENTED REALITY

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crossword and Sudoku answers.**
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Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

You trust your judgment but can you trust the judgment of people who, in your eyes, have yet to prove themselves? You may have no choice today as the planets suggest that your fate is in their hands.

♉ Taurus

April 21 - May 21

It will be clear today that you've been moving in the wrong direction, and that means you must change course right now.

♊ Gemini

May 22 - June 21

Life is good and getting better by the moment, so why are you so fearful? No doubt it has something to do with Mercury, your ruler, in one of its retrograde phases. Don't worry.

♋ Cancer

June 22 - July 23

Be more flexible when it comes to emotional relationships. With so much cosmic activity in the domestic area of your chart loved ones may be difficult to handle but will respond to gentle understanding.

♌ Leo

July 24 - Aug. 23

Your words have been misrepresented, but you don't have to kick up a fuss about it. Just explain, in plain language, what it is that has upset you.

♍ Virgo

Aug. 24 - Sept. 23

Mercury, your ruling planet, urges you to focus your energies in one direction today rather than spread yourself thin.

♎ Libra

Sept. 24 - Oct. 23

You know what you want and you know how to get it but with mind planet Mercury still moving retrograde can you be certain you have made the right call? Give it a day.

♏ Scorpio

Oct. 24 - Nov. 22

The planets will help you see through the web of deceit that people have created and by the end of the day you will have no doubt what the truth is.

♐ Sagittarius

Nov. 23 - Dec. 21

You may not be sure where an idea came from but you can and you must make good use of it. If you don't, a rival most certainly will.

♑ Capricorn

Dec. 22 - Jan. 20

It would appear that someone has been telling lies about you or putting you down. Find out who it is and who they have talked to, and make sure you put the record straight.

♒ Aquarius

Jan. 21 - Feb. 19

You know what is and is not possible and have no intention of letting daydreams lead you astray. That's good. You must deal only in facts.

♓ Pisces

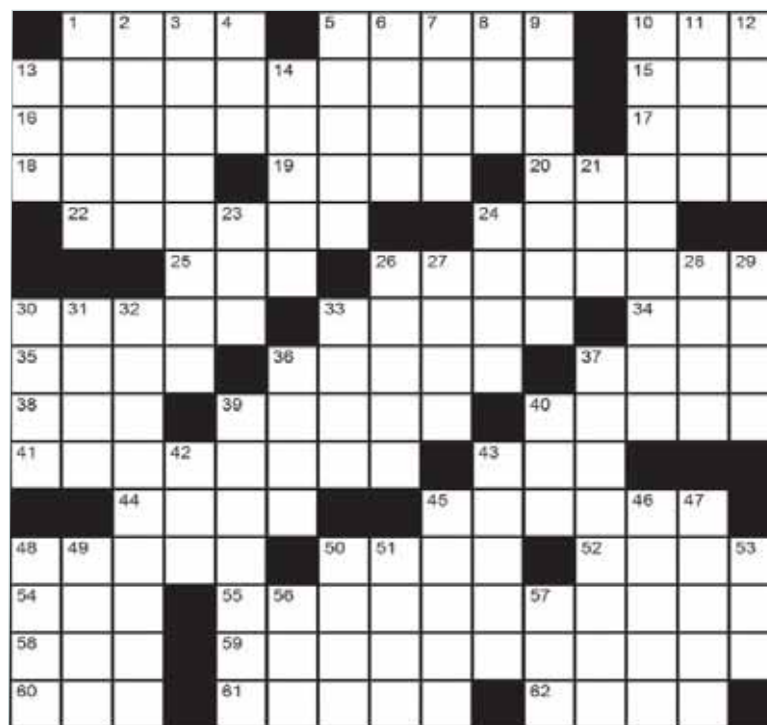
Feb. 20 - March 20

Something that has been a mystery will no longer nag at you as of today. Once the mystery has gone, the fear and worry that came with it will disappear as well.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Amsterdam's locale, briefly
5. NBA's Heat city
10. Extinct bird
13. 1963 The Crystals smash: 4 wds.
15. Matt __, Canuck singer/songwriter
16. Who #41-Across teaches on "How to Get Away with Murder", new on CTV: 2 wds.
17. Frostiness
18. "What's __ for me?": 2 wds.
19. Loaf
20. Bay of Fundy's are famously high
22. Whine
24. Gent's gender
25. Not 'twas
26. 1845 + Arctic + Northwest Passage = __ Expedition
30. Bedlam
33. Leave the house: 2 wds.
34. Chemistry, e.g.
35. Owen __, "Star Wars" (1977) character
36. Wounded by a bull
37. Forsaken
38. Female sheep
39. Openings-for-coins
40. Broadway awards
41. Professor __ Keating (Viola Davis' role on #16-Across)
43. Cavity
44. Defeat



45. Magic bunny's hideout: 2 wds.
48. Drive
50. Prime Minister of Israel from 1969 to 1974, Golda __ (b.1898 - d.1978)
52. Moisturizer content
54. Beatles: What

- Magill called herself
55. The Manitoba Museum attraction, it's astronomical!
58. Unwell
59. Canadian super-model Linda
60. Actress Ruby
61. Wallet items
62. Batches

Down

1. Some flatbreads
2. Astronomer Mr. Hubble
3. Tortilla chips brand
4. Tap temperature
5. Of a method
6. "Mockingbird" by __ & Charlie Foxx
7. "Rule, Britannia"

- composer
8. Bon __ (Witticism)
9. Music-themed Canadian show of 2004 to 2008, "___ Star"
10. Canadian musician/painter/activist, __ Joe
11. Ron Howard role
12. Syl __, Hockey Hall

- of Famer
13. Gladiator's 551
14. Regulations
21. Type
23. '___' for Vancouver
24. Queen __ Gulf (icy resting place of HMS Erebus, the recent headlines-making ship, as per #26-Across)
26. Strength
27. Egg masses
28. Bass is Base hit: "___"
29. Writer Anais'
30. Actress Ms. DuVall
31. Actress Goldie
32. Land in Disney's "Frozen" (2013)
33. Gunks
36. Flippant
37. Casanova
39. Drank loudly
40. Value a valet
42. "___ you serious?!"
43. Door: French
45. Modelling legend Cheryl
46. "He's making ___": What Santa's doing in the famous carol
47. Hypes
48. Slipped
49. Scrabble piece
50. Lady's address
51. Feminizing suffix
53. Fashion label, __ Savahl
56. Nero's 56
57. Totally

Yesterday's Crossword



Online

See today's answers at
metronews.ca/answers



Sudoku

How to play

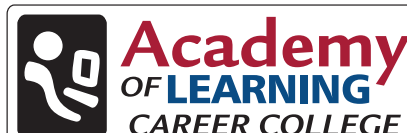
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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